



June 2026

This month is the month for All the Awesome Dad's out there! I saw this little poem I wanted to share. Shortened:

He never looks for praises.

He's never one to boast.

He just goes on quietly working

For those he loves the most. By Karen K. Boyer.

Some dates to remember: Wed. June 10th we will have a Fall Prevention Workshop:10-12, Lunch provided, 1-3. Information, interactive class . Come join us. To sign up call Amy at HHAC Monthly Luncheon will be on Wed. June 17

Saturday September 12th: HHAC will be hosting MOM PROM it will be a fun night for Mom's of ALL ages! Finger foods, door prizes, some of our Local Uvalde Boutique's will have some shopping opportunities in our Lobby! Stay tune to FB or Call HHAC for more information! -Amy

GOODIE BINGO

*Every Tuesday
@ 2 pm*

COME PLAY FOR GOODIES!

FREE & FUN

830-591-2711

Line Dancing—Wed 1:00 pm \$5 OR \$25 A MONTH
Exercise Machines—Mon-Thurs. 9 am-4:30 pm
Fri 8am-11am
Circuit Gym—Mon-Thurs 8am-4:30Pm Fri 8-11:30 am

WHAT DO YOU MEAN YOU CAN'T CROCHET?

Do you have some extra time on your hands and would like to learn something new? Join our Crochet Group, The Yarn Whispers, Wednesdays at 9 am. They would love to teach you.

WATER AEROBIC

CLASSES :

Water Babes 8:30a & 1:30
(Mon, Tues, Thurs) and
3:15 Water Waves class

POOL FEE \$70.00 or \$12 a
visit



**PICKLE BALL
COURTS AVAILABLE!**

**Tues at 10 a.m. and
6:30 p.m.**

**PLEASE CALL 830-591-
2711 FOR MORE INFO!**



**COME JOIN US FOR
CHAIR YOGA!**

**MONDAY, TUESDAY &
THURSDAYS! 10:00**

AND 3 PM \$25 MO OR

\$5 A SESSION. FREE

FOR SWIMMERS! GET

YOUR 2026 OFF TO A

GREAT START!

QUILTS OF GRACE

EVERY WEDNESDAY AT 1

NO EXPERIENCE NEED-

ED! COME HELP US SEW,

CUT, SORT OR PRESS

FABRIC.

CALL DIANA BONNET AT

830-613-0656 OR HHAC

AT 830-591-2711 FOR

MORE INFORMATION

WOOD WORKING INSTRUCTION WITH
LES BRIEDEN EVERY TUES-

DAY AT

THOMAS WOOD WORKS
9:30 AM AND 6 PM

\$5 a day or \$30 a month

Two or more must be in the woodshop with a
Center representative being one of them.

COME BUILD YOUR DREAM



**HAPPY
BIRTHDAY**

**Wednesday June 3rd
at 2 pm! Let's celebrate
our April Birthdays !**

MEMORIALS

**Memorials and Honorariums
go towards HHAC's
Building Fund**

PLEASE REMEMBER US IN YOUR WILL!

Les & Kay Brieden- in memory of John Dettmers father Jerry



**Our Luncheon this month will be
on ednesday June 17th at 12 noon!**

