


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p>Happy Father's Day!</p>	<p>8:00 Coffee 1 10 &amp; 3 Chair Yoga</p> <p>6:30 Pickle Ball</p>	<p>8:00 Coffee 2 9:00 SEWING 9:30 &amp; 6:30 WOODSHOP 10:00 &amp; 3:00 Chair Yoga 2:00 Bingo</p> <p>10 &amp; 6:30 PickleBall</p>	<p><b>BIRTHDAYS 3</b> <b>@2:00</b> 8:00 COFFEE 9:00 CROCHET 1:00 QUILTS OF GRACE 1:00 LINE DANCING</p>	<p>8:00 COFFEE 4 10 &amp; 3 CHAIR YOGA 6:30 PICKLE BALL</p>	<p>Donut's 5 and Coffee at 8:00</p>	
	<p>7 8:00 Coffee 8 10 &amp; 3 Chair Yoga</p> <p>6:30 Pickle Ball</p>	<p>8:00 Coffee 9 9:00 SEWING 9:30 &amp; 6:30 WOODSHOP 10:00 &amp; 3:00 Chair Yoga 2:00 Bingo</p> <p>10 &amp; 6:30 PickleBall</p>	<p>8:00 COFFEE 10 9:00 CROCHET 1:00 QUILTS OF GRACE 1:00 LINE DANCING 10-12 LUNCH given 1-3:00 A fall prevention WS</p>	<p>8:00 COFFEE 11 10 &amp; 3 CHAIR YOGA 6:30 PICKLE BALL</p>	<p>Donut's 12 and Coffee at 8:00</p>	
	<p>14 8:00 Coffee 15 10 &amp; 3 Chair Yoga</p> <p>6:30 Pickle Ball</p>	<p>8:00 Coffee 16 9:00 SEWING 9:30 &amp; 6:30 WOODSHOP 10:00 &amp; 3:00 Chair Yoga 2:00 Bingo</p> <p>10 &amp; 6:30 PickleBall</p>	<p>8:00 COFFEE 17 9:00 CROCHET 1:00 QUILTS OF GRACE 1:00 LINE DANCING</p> <p>12 Noon Monthly Luncheon</p>	<p>8:00 COFFEE 18 10 &amp; 3 CHAIR YOGA 6:30 PICKLE BALL</p>	<p>Donut's 19 and Coffee at 8:00</p>	
<p>Happy Father's Day</p>	<p>21 8:00 Coffee 22 10 &amp; 3 Chair Yoga</p> <p>6:30 Pickle Ball</p>	<p>8:00 Coffee 23 9:00 SEWING 9:30 &amp; 6:30 WOODSHOP 10:00 &amp; 3:00 Chair Yoga 2:00 Bingo</p> <p>10 &amp; 6:30 PickleBall</p>	<p>8:00 COFFEE 24 9:00 CROCHET 1:00 QUILTS OF GRACE 1:00 LINE DANCING</p>	<p>8:00 COFFEE 25 10 &amp; 3 CHAIR YOGA 6:30 PICKLE BALL</p>	<p>Donut's 26 and Coffee at 8:00</p>	
	<p>28 8:00 Coffee 29 10 &amp; 3 Chair Yoga</p> <p>6:30 Pickle Ball</p>	<p>8:00 Coffee 30 9:00 SEWING 9:30 &amp; 6:30 WOODSHOP 10:00 &amp; 3:00 Chair Yoga 2:00 Bingo</p> <p>10 &amp; 6:30 PickleBall</p>	<p>Reminders: Fall Prevention workshop on Wednesday June 10<sup>th</sup> LUNCH Provided 10-12, lunch, 1-3 In two 2-hour classes, this interactive program raises awareness of various fall risk factors, including home safety, medication management, strength, balance, flexibility, communication with medical professionals, nutrition, mental health, stress management, sensory challenges, foot health, social connection, and more.</p>			