

Reminder:

HERBY HAM ACTIVITY CENTER APRIL '24

HERBY HAM ACTIVITY CENTER IS EXCITED TO ANNOUNCE WE ARE AN EVENT SPONSOR FOR "RELAY FOR LIFE"! EVENT WILL BE APRIL 19 -20TH 6:00 PM -12:00 AM AT THE UVALDE HONEY BOWL STADIUM.

PLEASE CALL KAY AT 830-279-7963 OR AMY AT 830-591-2711.

FINALLY SPRING IS HERE! AS THEY SAY APRIL SHOWERS BRING MAY FLOWERS! THE BLUEBONNETS ARE OUT, GARDENS ARE RAMPING UP! THE WEATHER IS WONDERFUL. WHO DOESN'T LOVE SPRING TIME IN TEXAS?

SOME FUN FACTS ABOUT APRIL:

TREE: WALNUT

FLOWER: DAISY

STONE: DIAMOND

APRIL 1ST IS APRIL FOOLS DAY!

IF YOU HAVE EVER WONDERED WHERE APRIL FOOLS DAY CAME FROM:

Its exact beginnings are a mystery, but some historians link April Fools' Day to the 16th century, when New Year's Day moved from April 1 to January 1. Those who continued to celebrate the new year on April 1 were called fools.-HAVE A GREAT APRIL!





COURTS AVAILABLE!

Tues at 10 a.m. and

6 p.m. &

PLEASE CALL 830-

591-2711 FOR

MORE INFOR-

MATION!

**LOSE WEIGHT
NOW**
At Herby Ham
Activity Center's
CIRCUIT GYM

**\$10 A MONTH -POOL MBR
\$20 A MONTH- NON-POOL MBR**

- Strengthening
- Cardio
- Stretching

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248 FM 3447 Uvalde, TX 830-591-2711

**WE ARE READY TO
START FARMERS
MARKET BACK UP ON
APRIL 11TH! COME
OUT AND SELL YOUR
BAKED GOODS,
FRUITS & VEGGIES,
EGGS, ETC.... TABLES
AND CHAIRS AVAIL-
ABLE . SET UP AT
9:30! HHAC 10-12!**





**CHICKS- EAT- OUT
EVERY WEDNESDAY AT
11:30 AM**

WEDNESDAY -4/3 EVETTS

WEDNESDAY -4/10 OPHELIAS

WEDNESDAY -4/17 TACO BLISS

WEDNESDAY -4/24 OPEN RANGE

**HAPPY
BIRTHDAY**

**COME OUT AND CELE-
BRATE FIRST Wednesday
APRIL 3RD! 2 PM! LET'S
EAT CAKE**

**WOOD WORKING
INSTRUCTION WITH
LES BRIEDEN
EVERY TUESDAY AT
THOMAS WOOD WORKS
9:30 AM AND 6 PM
\$5 a day or \$30 a month**



**Two or more must be in the woodshop with a
Center representative being one of them.**

COME BUILD YOUR DREAM

**Remember HHAC
For your Event Rental
Needs!
Parties, Receptions,
Corporate Events.
Call 830-591-2711**



★ Line Dancing ★

**W
e
d
s
1 pm**

FREE

**HERBY HAM
ACTIVITY CENTER'S**

**WATER
AEROBICS**

**\$65
A MONTH**

**OR
\$12
PER VISIT**

SCHEDULE:
 Water Babes 8:30 am & 1:30 pm (Mon, Tues, Thurs)
 Arthritis Class 10:00 am (Mon, Tues, Thurs)
 Water Aerobics with Barbara 5:00 pm (Mon, Tues, & Thurs)
 Bio Wave with Cheryl (3:45 Tues, Wed , Thurs)
OPEN POOL AVAILABLE....PLEASE CALL FOR INFORMATION
 830-591-2711
 A Waiver & Dr. Release must be signed prior to participating
 248 FM 3447, Uvalde, TX

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**QUILTS OF GRACE IS
LOOKING FOR VOLUNTEERS**
RESOLVE TO MAKE A DIFFERENCE FOR 2023.

VOLUNTEER FOR QUILTS OF GRACE,
AN OUTREACH OF
HERBY HAM ACTIVITY CENTER
MAKING COMFORT QUILTS FOR CHILDREN &
TEENS IN CRISIS/TRAUMA FOR TRI-COUNTY
BLUEBONNET CHILDREN'S ADVOCACY
CENTER


HELP US SEW, CUT, SORT OR PRESS
FABRIC.
NO EXPERIENCE NEEDED.

JOIN US WEDNESDAYS
AT 1 PM BEGINNING
JAN. 4TH

CALL DIANA BONNET AT 830-613-0656
OR HHAC AT 830-591-2711
FOR INFORMATION

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**BLT
(BETTER LIVING TODAY)
HAS BEEN POSPONED FOR
A WHILE, AS DIANA IS GO-
ING THROUGH SOME
HEALTH ISSUES, PRAYERS
WELCOME! AS SOON AS
SHE HEALS AND CAN RE-
SUME CLASSES, WE WILL
LET YOU KNOW! THANK
YOU FOR YOUR UNDER-
STANDING.**




Herby Ham Activity Center

**GOODIE
BINGO**

*Every Tuesday
@ 2 pm*

COME PLAY FOR GOODIES!
FREE & FUN

830-591-2711

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MEMORIALS/HONORARIUMS

*Memorials and Honorariums go towards
HHAC's Building Fund unless otherwise stated.*

PLEASE REMEMBER US IN YOUR WILL

WEEKLY EVENTS AT HERBY HAM ACTIVITY CENTER

**CHAIR YOGA
EVERY TUESDAY
AND THURSDAY
AT 10 AM!**

AFTERNOON GAMES AT HHAC

Pinochle—Monday @ 2:30 pm

Bridge—Monday @ 12:30 pm

Goodie BINGO—Tuesday @ 2 pm



Line Dancing—Wed 1:00 pm (free)

Exercise Machines—Mon-Thurs. 9 am-4:30 pm

Fri 8am-11am (free)

Circuit Gym—Mon-Thurs 8am-4:30Pm Fri 8-11:30 am



COFFEE, DONUTS & CONVERSATION

EVERY FRIDAY AT 9 :00 AM

JOIN US!



**WHAT DO YOU MEAN YOU
CAN'T CROCHET?**

Do you have some extra time on your hands and would like to learn something new? Join our Crochet Group, The Yarn Whispers, Wednesdays at 9 am. They would love to teach you.

WATER AEROBIC CLASSES :

Water Babes 8:30a (Mon, Tues, Thurs)

Arthritis Class 10:00a (Mon, Tues, Thurs)

Water Babes 1:30p (Mon, Tues, Thurs)

Bio Wave 3:45p (Tues, Wed, Thurs)

Mixed Class: 5:00p (Mon, Tues, & Thurs)

**POOL USE FEE \$65.00 INCLUDES WATER
AEROBICS & OPEN POOL**

OR \$12.00 PER VISIT

Open Pool Hours

Two people must be in the pool area at all times

Monday - 11:00—1:00 & 2:30 - 4:30 pm

Tuesday - 11:00—1:00 & 2:30 - 3:30 pm

Wednesday - 8:00 am—3:30 pm

Thursday - 11:00—1:00 & 2:30 - 3:30 pm

FRIDAY - POOL IS CLOSED FOR MAINTENANCE

**SALSA & BACHATA
CLASS WILL BE
HELD AGAIN ON
FRIDAY MARCH 22
6:30-9 PM COME
OUT FOR A GREAT
TIME !**